

# Instructions For Use

## Bambach EXECUTIVE Saddle Seat



1. Seat Height Adjustment - Lift front paddle to release the gas cylinder mechanism. Raise or lower the chair height using your body weight.
2. Seat Tilt Adjustment - Lift rear paddle to allow for change in seat angle. The seat can adjust from -1 degree to +11 degrees, and should be set in a comfortable forward position.
3. Back Angle - Lift the paddle to move the backrest forward or backward. Ideally this is set 3-5cms away from the user when sitting in an upright position.
4. Backrest Height - Simply lift the backrest to the desired position. To reset, lift all the way to the top to release the ratchet and allow the backrest to drop to the lowest position.

Please Note: When assembling the chair, be sure to spray a lubricant on the top and bottom of the gas cylinder. This will make it easier when disassembling the chair in the future.